FIVE FORKS BIC CHURCH
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visit us at www.ffbic.org

July 3, 2016

A Growing Community of Disciple Makers
*~ **Worshipping** God Wholeheartedly As A Way Of Life ~ **Sharing** The Good News Of Jesus Everywhere ~ Being **Transformed** Through the Word of God ~ **Caring** Compassionately For The Needs Of Others ~*

SUNDAY MORNING SERVICES
Traditional Service: 8:00 AM *(Auditorium)* & 11:00 AM *(Chapel)*
Contemporary Service: 9:30 AM &11:00 AM *(Auditorium)*
Café: 7:00 AM – 11:00 AM
Sunday School for Children & Adults – 9:30 AM
WEDNESDAY EVENING SERVICES (September – April)
Bible Study 7:00 – 8:00 PM; Children & Youth 6:45 – 8:15 PM

Here are a few things to be aware of over the course of the next few weeks…

Sunday morning, July 10th….The youth who went to Belize will be taking about 15 minutes in each service to share stories, testimonies, pictures of their time there.

Sunday morning, July 17th – Baptism Service. If you have never been baptized as a believer and would like to do so, please contact any of the pastors so that we can meet with you.

Sunday morning, July 24th – Membership Service. If you are interested in becoming a member here at Five Forks, again, see any of the pastors so we can discuss.

Also on the 24th, Bishop Rob Patterson will be our guest speaker at all 3 services in the Auditorium. There will be no 11:00 service in the Chapel, as we'll combine those services in order for everyone to hear the Bishop.

And of course, Vacation Bible School will be held Sunday evening, July 17th through Thursday evening, July 21st. We need volunteers, so be sure to sign up down at the Information Desk in the Children's Wing. You can register your children online by going to the church website and clicking on "Vacation Bible School" under Upcoming Events.

THIS WEEK AT FIVE FORKS

SUNDAY, JULY 3
-Prayer Hour…6:45am (C2)
-Express Café (coffee and donuts only)…7-11am

Morning Messages
Aud. (8, 9:30 & 11am) – Pastor Bill
Scripture: Daniel 4

Chapel (11:00am) – Pastor Adam
Scripture: Daniel 3

MONDAY, JULY 4

-Men's Prayer Group…5:45-6:30am (Chapel)

TUESDAY, JULY 5
-Men's Prayer Group…6:30-7:30am (Chapel)
-Parish Nurse…1-3pm
-Celebrate Recovery…7-9pm (Chapel)

WEDNESDAY, JULY 6
-SUMMER BREAK

THURSDAY, JULY 7
-Ladies Prayer Hour…6:30-7:30am (Chapel)

SUNDAY, JULY 10
-Prayer Hour…6:45am (C2)
-Café Open…7-11am
-Blood Pressure Screening
-Youth Belize Missions Trip sharing time (15 minutes in each service).

Morning Messages

Aud. (8, 9:30 & 11am) – Pastor Adam
Scripture: Daniel 5:1-31

Chapel (11:00am) – Pastor Bill
Scripture: Daniel 4

Upcoming Baptism and Membership Sundays

On Sunday, July 17th, we're planning to have the lid off and the tank full. Several believers are already planning on being baptized that Sunday. If you'd like to be one of them, contact Pastor Adam.

The following Sunday, July 24th, we'll plan to receive new individuals and families into membership at FFC. If you'd like to join them, or for more information on what means to be a member at Five Forks, you can also contact Pastor Adam.

Annual Hymn Sing at the Historic Ringgold Meeting House

Sunday, July 31st…5pm at 14426 Misty Meadow Rd, Smithsburg, MD

Pastor Ray Kipe will lead the a cappella singing. The evening will conclude with light refreshments and fellowship.

For more information, contact Frank Kipe at 301-824-3689 or frank@kipe.com or visit www.bic-church.org/ministries/ringgold/default.asp

ATTENDANCE

ATTENDANCE (June 26)

Sunday's Worship Total = 714
8:00 Auditorium = 157
9:30 Auditorium = 286
11:00 Auditorium = 175
11:00 Chapel = 59
Bible Connection = 14
Nursery (9:30 & 11:00) = 23

Total Sunday School = 273

Adult Education Attendance = 112
Berean = 11
Golden Link = 21
Through the Bible = 22
The Christian Family Life Class = 39
8:00AM Café Class = 11
Alpha Omega Discussion = 5
Men's Resolution Class = 3

Our Church's Financial Health

GIVING (June 26)…

Offering = $17,687.00
Weekly Goal = $22,040.00
Total Giving 2016 = $536,412.00
Above/Behind 2016 Goal = ($36,628.00)
Building Fund = $620.00

Food Pantry "Item of the Month" for JULY:

Skillet Meals (Hamburger/Tuna/Chicken Helper)

Place donations in the orange tub in the lower lobby.

Looking Out For Kids In Summer Time

Once summer arrives, many parents are faced with the decision of whether to leave a child home alone. Many people look to the law for help in making this decision, but there is no "legal age" when a child can or should be left alone. It's up to parents to decide what's best for their family. Here are some things to consider in making this decision:

- Age and maturity – How has your child shown responsibility in the past? Is your child able to care for him/herself? Does your child obey rules and make good decisions?
- Your child's feelings – How comfortable is your child being alone? Is he/she afraid?
- Time – How long will your child be alone? Will it be during the day or evening, at meal times or bed time? How often will your child be home alone?
- Other children – How many children will be in the home without an adult? How do the children get along and is the older child able to care for younger ones?
- Safety – How safe is your neighborhood? Do you have a safety plan for emergencies? Does your child know his address, phone number and how to call 911? Can he/she contact you at all times if needed? Who is available to help in an emergency (a neighbor, for example)?

Prayers FOR HEALTH

Joyce Hade

WOW! Have you seen the chapel steps? The old tattered carpet is gone and there is beautiful pebbled stone! Our G & M guys made this happen. What an improvement! Thanks guys for all you do!
-Sandy Gray

Health Tip

Outsmart Diabetes – Over 29 million Americans have diabetes. Another 86 million have pre-diabetes. The resulting circulatory, heart and eye problems make life more difficult and, sadly, shorter. Here are some ways to prevent or manage the disease.

Squeeze Some Citrus

Eating o nd other citrus fruits can slow glucose uptake, helping keep your blood sugar levels under control, a study in the journal Preventive Medicine concludes.

VBS 2016 – Camp Kilimanjaro

Are your kids ready for an epic adventure?

Then they won't want to miss a minute at *Camp Kilimanjaro*, the most exciting place around! At *Camp Kilimanjaro*, kids will learn to walk in God's wisdom as they enjoy songs, crafts, games, and life changing Bible teaching each night.

Vacation Bible School at *Camp Kilimanjaro* will be filled with excitement, so for this camp to happen, we need your help now! We're calling all trekkers to join us an epic expedition through Proverbs!

DATES

This is important: Vacation Bible School will be held here at Five Forks on July 17 – 21, Sunday through Thursday nights. The excitement starts at 6:30 pm and ends at 8pm. We will have trekking groups for kid's ages 4 years through grade 6.

VOLUNTEER SIGN-UP AND CHILDREN'S REGISTRATION

We are still in need of volunteers. Simply head to the *African Adventure Land* display in the Children's Ministry area and we'll answer any questions and let you know which areas we need help, or contact Pastor Jim at 762-2991 or jim@ffbic.org.

Online camper registration is now open! Simply go to www.ffbic.org to register.

Please sign-up now to help and be a part of this summer's excitement!

YOUTH Activities

Below is a list of events and activities that the youth are assisting with, participating in or will be invited to be part of:
"You can find more information about our events, including permission slips, on the church website or join us on Facebook; our group name is; Five Forks BIC Youth Group, or see Pastor Shaun."

****Please be aware that there is extra financial assistance available to any youth that may need it. Do not let money be the reason that you do not participate! (See Pastor Shaun)***

Belize Team Post-trip presentation to the congregation - As part of our sharing with the Five Forks congregation about our trip to Belize we will be playing a video of pictures and short testimonies (approx. 15 mins. long) from our time in Belize during each of the Sunday morning services on **Sunday, July 10th**. We would invite anyone to come and hear these testimonies as well as talk to team members about the trip!

Chambersburg Project 2016 - For those new to the youth group, Chambersburg Project is a youth work camp, for teens that have completed 7th - 12th grade and it takes place one week each July (this year **July 10th - 15th**). During the week, teens from area youth groups are divided into work crews and spend the week doing work projects in and around Franklin County. The youth will spend the week overnight at the Chambersburg Career Magnet school (Loop Road, Chambersburg), sleeping in supervised dorms. Campers work throughout the day and then participate in an evening program featuring games, activities, worship and teaching sessions. The Chambersburg Project is a great opportunity for teens seeking to be obedient to Christ's call to serve people in need. It is a

chance to learn about the needs of the local community and experience first-hand hurting people. It also an important stepping stone for teens who may consider future youth mission trips with the Five Forks Youth Group. The cost for the camp is $200, this includes rooms, all meals and ministry supplies. This amount can be reduced to $150 for all Five Forks teens by completing a "Youth Mission Questionnaire". Please do not let finances keep you from participating, additional support is available, please speak to Pastor Shaun for more information. Registration forms can be picked up at youth group or by the youth booth and must be completed and turned in to Pastor Shaun **ASAP.**

Graduation Picnic - From the Five Forks youth group, we want to say congratulations to all those in the 2016 graduating class. We would like to invite you to a graduation celebration in your honor on **Sunday, July 31st at 5:00pm at the Mont Alto Park Pavilion (NOT the State park pavilion)**. Dress casual as we'll be playing volleyball, frisbee, lawn games and sharing a meal catered by Chipotle. It has been our privilege to get to know each of you and to watch you grow into the young men and women that you are today. And so, one final time, we would like to spend some time with you to share memories from our many adventures together, to learn about your future plans and to pray with you as you get set to embark on a new and wonderful journey ahead. Do what you need to do, take off work, rearrange your schedule and we hope you will plan to join us as we celebrate you. (And...no permission slip necessary for this event:) *Please RSVP to Pastor Shaun by Sunday, July 24th!*

Below is the list of seniors graduating from Five Forks, if there is anyone not listed please let Pastor Shaun know ASAP. Thanks.

2016 Graduates - Kierstin Baker, Zach Bingaman, Monica Byers, Erika Cauffman, Alexis Coyne, Liz Drew, Barrett Eshbaugh, Chase Foglesonger, Cameron Geis, Colleen Golden, Jessica Grove, Sarah Hade, Sadie Harshman, Daniel Hummer, Nate Koontz, Nolan McEntire, Tyra Oberholzer, Kalee Oravec, Dakota Rhyne, Luke Robertson, Brad Rock, Katie Shank, Lynsey Shank, Alexis Shockey, Kendra Sprenkle, Hailey Stum, KaLara Thomas, William Thomas, Connor Tiedemann, Avery Toomey, Hannah Vinson, Skyler Waters, Keely Welsh, Taylor Welty, Jake Wertz, Cole Yoder, Ryan Yoder